

# Ty hapus Counselling Service

## We're here to listen.

At Ty Hapus our mission is to provide support for those with Dementia and their families.

Ty Hapus free counselling offers you the chance to talk in a safe and confidential space whether it's for support with life's challenges or just someone to talk to.

If you are a family member, friend, or carer over the age of 14 and know someone who has Dementia we can support you.

If you would like to know more, you can call us or email us.

**01446 738024**

**[enquiries@tyhapus.org.uk](mailto:enquiries@tyhapus.org.uk)**



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Are you currently taking any medication?

Do you have any thoughts or plans to take your own life?

What are your reasons for coming to counselling?

What do you hope for from counselling?

What is your preferred method of counselling?

In person	By telephone	Online video chat
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What days and times are you available to receive counselling?

	Mon	Tues	Weds	Thurs	Fri	Sat	Sun
Morning							
Afternoon							
Evening							

Do you have a disability or any needs you need us to know about?

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